

# The Maya Nut Programme

The Maya Nut Programme works to improve food security, family income and forest conservation by improving knowledge and productivity

The Maya Nut Programme targets women as the entry point to addressing family nutrition and health and takes an integrated, partnership approach to improving food security, women's incomes, and forest protection and management. Starting in Nicaragua and Guatemala, its educational programme will revive traditional knowledge of the nut. Rural women learn how to sustainably harvest and process it for sale, and will also be provided with access to health information and services. The programme will establish quality control, processing and packaging standards to enable access to markets in Central America, the US and Europe through collaboration with local and international businesses.



Project author or developer:  
**The Maya Nut Programme**

Where:  
**NI / Nicaragua / Managua**

Website:  
**[mayanutinstitute.org/](http://mayanutinstitute.org/)**

