

DUBAI DRUMS

Rythm can create team and community building



Project author or developer:
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Julie-Ann is an experienced drum circle facilitator who has used rhythm work and group drumming extensively for team building and community events in the United Arab Emirates and the region.

Since starting Dubai Drums in 2002, Julie-Ann and her team have drummed with thousands at schools, universities, corporations and community events. They drum in all parts of the Middle East and have now opened Cairo Drums in Egypt.

She is also an experienced executive coach, co-active life coach and organization relationship systems coach and firmly believes that life is all about taking responsibility for what you are creating, reconnecting to your inner core, your humanness and authentically honouring your values as well as living in rhythm.

