

# CENTS - COMMUNITY EXCHANGE NORTH WEST TASMANIA

CENTS uses an internet-based trading network which allows participants to buy and sell goods and services without using normal money

Community Exchanges aim to meet individual and community everyday needs through the exchange or barter of time, skills and opportunities. For every hour you spend helping someone, you are entitled to an hour's help in return. The internet based database keeps a record of your credits and debits to record incomings and outgoings, just like a bank account. The community exchange creates a mutually supportive network of people helping each other. You can help other people or they can help you in lots of different ways – such as gardening, home help, running errands, office work, providing transport or helping someone learn a new skill.



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