

# Freegans

Freegans are people who employ alternative strategies for living like minimal consumption of resources

Freegans (USA) are people who employ alternative strategies for living based on limited participation in the conventional economy and minimal consumption of resources. Freegans embrace community, generosity, social concern, freedom, cooperation, and sharing in opposition to a society based on materialism, moral apathy, competition, conformity, and greed. The word freegan is compounded from "free" and "vegan". Vegans are people who avoid products from animal sources or products tested on animals in an effort to avoid harming animals. Freegans take this a step further by recognizing that in a complex, industrial, mass-production economy driven by profit, abuses of humans, animals, and the earth abound at all levels of production (from acquisition to raw materials to production to transportation) and in just about every product we buy. Sweatshop labor, rainforest destruction, global warming, displacement of indigenous communities, air and water pollution, eradication of wildlife on farmland as "pests", the violent overthrow of popularly elected governments to maintain puppet dictators compliant to big business interests, open-pit strip mining, oil drilling in environmentally sensitive areas, union busting, child slavery, and payoffs to repressive regimes are just some of the many impacts of the seemingly innocuous consumer products we consume every day.

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strategies for sustainable living beyond capitalism

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